

FREEDOM OF INFORMATION REQUEST

RF23-686

We can confirm East Kent Hospitals University NHS Foundation Trust (EKHUFT) holds the information you have requested. Please see the responses in bold below.

1. Do you have a Staff Health and Wellbeing Lead in your organisation?
Yes.
2. Do you have a Staff Wellbeing Team and what is the structure?
Yes. The structure consists of a lead and two advisers.
3. Where does staff health and wellbeing sit within your organisation?
Within People and Culture.
4. Do you have a Mental Health First Aid programme?
Yes.
5. How many Mental Health First Aiders do you have?
300.
6. How many Health and Wellbeing Champions do you have?
200.
7. Has staff health and wellbeing had financial investment since 2021?
Yes.
8. Does your organisation offer staff training? If so, what training do you offer?
Yes. We offer Wellbeing Conversation training and Mental Health First Aider (MHFA) training.

(DATE OF RESPONSE: 17 NOVEMBER 2023)